Macmillan Ready For Cae Coursebook With Key Printable PDF

macmillan ready for cae coursebook with key: An In-Depth Guide for Students and Educators

If you're preparing for the Cambridge English: Advanced (CAE) exam, the *Macmillan Ready for CAE Coursebook with Key* is an essential resource designed to equip learners with the skills, vocabulary, and strategies needed to succeed. This comprehensive guide provides an overview of the coursebook's features, benefits, and how it can be integrated into your exam preparation journey.

Overview of Macmillan Ready for CAE Coursebook with Key

The *Macmillan Ready for CAE Coursebook with Key* is tailored specifically for students aiming to achieve a high score in the CAE exam. It offers thorough coverage of the exam's four main papers: Reading and Use of English, Writing, Listening, and Speaking. The inclusion of the answer key makes it a valuable self-study tool, enabling learners to track their progress and identify areas for improvement.

Designed by experienced language educators, this coursebook combines authentic exam practice with engaging activities, making the learning process both effective and enjoyable. Its structured approach ensures learners develop the necessary skills in a logical sequence, building confidence and competence at each stage.

Key Features of the Coursebook

Understanding the core features of the *Macmillan Ready for CAE Coursebook with Key* helps learners maximize its benefits. Some of its standout features include:

1. Authentic Exam Practice

- The coursebook includes practice tests that closely mimic the real CAE exam format.
- It provides a realistic sense of timing and question types, helping students become familiar with the exam environment.

2. Clear Structure and Progression

- Content is organized into units that progressively increase in difficulty.
- Each unit targets specific skills and exam tasks, ensuring comprehensive coverage.

3. Skill Development Activities

- Focused exercises enhance reading comprehension, writing, listening, and speaking skills.
- Activities include multiple-choice questions, gap fills, matching exercises, and more.

4. Vocabulary and Grammar Practice

- Dedicated sections to expand learners' vocabulary for different topics and contexts.
- Grammar exercises reinforce key structures required for high-level English proficiency.

5. Exam Strategies and Tips

- The book offers practical advice on approaching each paper.
- Tips on time management, question analysis, and common pitfalls are included.

6. Audio Materials

- Audio recordings accompany the Listening activities, providing authentic listening practice.
- These recordings simulate the exam's audio tasks, including conversations, monologues, and interviews.

7. Answer Key and Transcripts

- The inclusion of an answer key allows learners to check their responses immediately.
- Transcripts for listening exercises support comprehension and self-assessment.

Benefits of Using Macmillan Ready for CAE Coursebook with Key

Using this coursebook offers numerous advantages for both self-study learners and classroom teachers:

Enhanced Exam Readiness

- The practice tests and strategies improve familiarity with the CAE exam layout and question types.
- Learners develop effective techniques to manage time and reduce exam anxiety.

Targeted Skill Improvement

- Focused exercises help identify weaknesses in specific areas, enabling targeted practice.
- The progression ensures steady development from intermediate to advanced levels.

Self-Assessment and Progress Tracking

- The answer key allows learners to evaluate their performance and monitor improvement over time.
- Regular practice fosters confidence and motivation.

Flexible Learning Options

- Ideal for independent learners or supplementing classroom instruction.
- The structured content can be adapted to individual learning paces.

Preparation for Real Exam Conditions

- Simulated practice tests prepare students to handle the pressure and timing of the actual exam.
- Familiarity with question formats reduces surprises during the test.

How to Integrate the Coursebook into Your CAE Preparation

Maximizing the effectiveness of the *Macmillan Ready for CAE Coursebook with Key* involves strategic planning. Here are some practical tips:

1. Set Clear Goals and a Study Schedule

- Define your target exam date and create a timetable that allocates regular study sessions.
- Break down the coursebook into manageable sections, focusing on specific skills or units.

2. Use the Practice Tests Wisely

- Take full-length practice tests under timed conditions to build stamina.
- Review your answers thoroughly using the answer key and transcripts to understand mistakes.

3. Focus on Weak Areas

- Identify patterns in errors or difficulties across different exercises.
- Allocate extra time to improve on challenging skills or question types.

4. Incorporate Listening and Speaking Practice

- Use the audio materials to develop listening skills, noting answers and understanding accents.
- Practice speaking with partners or tutors, simulating exam tasks like part 2 and part 3 of the Speaking paper.

5. Expand Vocabulary and Grammar

- Regularly review vocabulary lists and grammar exercises.
- Use new words and structures in speaking and writing to reinforce learning.

6. Utilize Additional Resources

- Supplement the coursebook with online practice tests, language apps, or CAE preparation courses.
- Engage with authentic English materials such as newspapers, podcasts, and videos.

Additional Resources and Support for CAE Candidates

While the *Macmillan Ready for CAE Coursebook with Key* provides a solid foundation, successful exam preparation often involves a multifaceted approach:

- **Official Cambridge Practice Tests:** Use authentic past papers for additional practice.
- **Online Platforms:** Engage with interactive exercises and mock exams available on various educational websites.
- **Language Tutors and Classes:** Receive personalized feedback and targeted guidance.
- **Language Immersion:** Surround yourself with English through films, books, and conversations.

Conclusion

The *Macmillan Ready for CAE Coursebook with Key* stands out as a comprehensive, user-friendly resource designed to prepare learners effectively for the Cambridge English: Advanced exam. Its authentic practice materials, strategic guidance, and detailed answer key make it an invaluable tool for self-study and classroom use alike. By integrating this coursebook into a disciplined study plan, learners can build confidence, sharpen their skills, and achieve their desired CAE results.

Remember, consistent practice, strategic review, and active engagement with the material are key to success. With dedication and the right resources, you'll be well-equipped to excel in the CAE exam and demonstrate your advanced English proficiency to the world.

Macmillan Ready for CAE Coursebook with Key: An In-Depth Review and Guide

In the realm of advanced English language preparation, particularly for the Cambridge English: Advanced (CAE) exam, the Macmillan Ready for CAE Coursebook with Key stands out as a comprehensive resource designed to equip learners with the skills, knowledge, and confidence needed to excel. This coursebook has garnered acclaim for its thorough approach, balancing practice, vocabulary development, and exam strategies, making it an essential tool for both self-study and classroom environments. In this article, we will delve into the features, structure, and pedagogical strengths of the Macmillan Ready for CAE Coursebook with Key, providing educators and learners with a detailed guide to maximizing its potential.

Overview of the Macmillan Ready for CAE Coursebook with Key

The Macmillan Ready for CAE Coursebook with Key is tailored explicitly to prepare students for the requirements of the CAE exam, now known as C1 Advanced. Its comprehensive design ensures that learners are not only familiarized with the exam format but also develop the language skills and exam techniques necessary for success. The inclusion of answer keys makes it particularly valuable for self-study, enabling learners to assess their progress independently.

Core Features and Pedagogical Approach

- Clear Exam Focus

One of the standout aspects of the Ready for CAE coursebook is its unwavering focus on the exam?s components:

- Reading and Use of English: Strategies for understanding and manipulating complex texts and

grammar.

- Writing: Guidance on essay, report, review, and email writing.
- Listening: Practice with different accents and listening for gist, detail, and inferencing.
- Speaking: Techniques for effective spoken interaction, including part-specific tips.
- Vocabulary and Grammar: Extensive practice to expand the lexical resource and grammatical accuracy.

- Structured Units and Progression

The coursebook is organized into thematic units that mirror real-life contexts, making learning engaging and relevant. Each unit typically includes:

- Vocabulary and grammar focus
- Reading comprehension exercises
- Listening activities
- Speaking practice
- Writing tasks

The progression is logical, gradually increasing in complexity, which helps learners build confidence and competence step by step.

- Practice with Exam-Like Tasks

Authentic practice is at the heart of the Macmillan Ready for CAE Coursebook with Key. The exercises replicate the format and difficulty of the actual CAE exam, enabling students to familiarize themselves with question types, time management, and exam strategies.

- Answer Keys and Additional Support

The inclusion of detailed answer keys allows learners to check their work, understand mistakes, and learn from them. This feature promotes autonomous study and helps teachers track progress efficiently.

Detailed Breakdown of the Coursebook Sections

a) Introduction and Exam Tips

Each unit begins with an overview of the skills being covered and strategic tips tailored to the CAE exam. These pointers are invaluable for students aiming to improve their exam techniques.

b) Vocabulary and Grammar Sections

- The vocabulary sections focus on high-level lexical resources, including idiomatic expressions, collocations, and academic vocabulary.
- Grammar exercises reinforce complex structures, such as mixed conditionals, passive voice, and modal verbs in nuanced contexts.

c) Reading and Use of English

- Varied texts, including articles, reports, and reviews, develop reading skills.
- Cloze tests, multiple-choice questions, and sentence transformations sharpen grammatical and lexical accuracy.

d) Listening Practice

- Audio recordings feature a range of accents and situations.
- Tasks include note-taking, multiple-choice, and matching exercises, designed to hone listening for detail and inference.

e) Speaking Practice

- Activities simulate CAE speaking parts, encouraging fluency, coherence, and lexical resource.
- Role-plays, discussions, and prompts help learners develop confidence in spoken English.

f) Writing Tasks

- Model essays and reports serve as guides.
- Practice prompts cover the variety of writing tasks required in the exam, with tips on structure, tone, and coherence.

Additional Resources and Features

- Audio Files: Complementary recordings improve listening and pronunciation skills.
- Online Resources: Access to additional practice tests and downloadable materials.
- Teacher?s Guide: Though not included in the student version, teachers benefit from supplementary guides that suggest lesson plans and exam strategies.

Strengths of the Macmillan Ready for CAE Coursebook with Key

- Alignment with Exam Standards

The coursebook is meticulously aligned with the latest CAE exam specifications, ensuring that learners are practicing relevant skills and question types.

- Balanced Skill Development

By integrating reading, writing, listening, and speaking throughout each unit, the book promotes well-rounded language acquisition.

- Focus on Vocabulary and Grammar

Advanced vocabulary and grammar are systematically introduced and reinforced, vital for achieving high scores.

- Self-Assessment and Progress Tracking

Answer keys and practice tests facilitate self-evaluation, enabling learners to identify areas for improvement.

- Engaging and Authentic Content

Real-life topics keep learners motivated, and authentic materials prepare them for the actual exam environment.

Tips for Using the Macmillan Ready for CAE Coursebook Effectively

- Set Clear Goals: Use the syllabus and exam criteria to set targeted learning objectives.

- Combine with Practice Tests: Regularly incorporate full-length practice exams to build stamina.
- Use the Answer Keys Actively: Don?t just check answers; analyze mistakes to understand underlying issues.
- Integrate Skills: Practice integrated tasks that combine reading, listening, and speaking for holistic preparation.
- Supplement with Additional Resources: Use online materials, vocabulary apps, and speaking clubs to diversify practice.

Final Thoughts

The Macmillan Ready for CAE Coursebook with Key is more than just a collection of practice exercises; it?s a strategic, well-structured program that prepares learners for the complexities of the CAE exam. Its emphasis on exam skills, coupled with comprehensive content coverage, makes it a go-to resource for serious students aiming for high scores. Whether used in class or for self-study, its pedagogical strengths and practical features provide a solid foundation for success at the C1 Advanced level.

For educators, it offers a reliable framework to design lessons around exam skills, while learners benefit from a clear pathway to mastering the language and strategies necessary for the CAE exam. With consistent practice and the right approach, the Macmillan Ready for CAE Coursebook with Key can be instrumental in achieving that coveted C1 level proficiency.

QuestionAnswer What are the main features of the Macmillan Ready for CAE Coursebook with Key? The Macmillan Ready for CAE Coursebook with Key offers comprehensive exam preparation, including practice tests, vocabulary exercises, grammar explanations, and model answers designed to help students succeed in the CAE exam. How does the 'with Key' edition of the Macmillan Ready for CAE Coursebook benefit learners? The 'with Key' edition provides answer keys for all exercises and practice tests, enabling learners to self-assess their progress and understand their mistakes, which is essential for effective exam preparation. Is the Macmillan Ready for CAE Coursebook suitable for self-study students? Yes, the Coursebook is designed to be student-friendly and includes detailed answer keys, making it suitable for self-study alongside guided classroom learning. Does the Macmillan Ready for CAE Coursebook cover all parts of the CAE exam? Yes, it covers all sections of the CAE exam, including Reading and Use of English, Writing, Listening, and Speaking, with targeted exercises for each part. Are there online resources available for the Macmillan Ready for CAE Coursebook? Yes, learners often have access to additional online resources such as practice tests, audio files, and interactive exercises to supplement the Coursebook. How does the Macmillan Ready for CAE Coursebook compare to other CAE preparation books? It is highly regarded for its comprehensive content, clear explanations, and practical exam strategies, making it a popular choice among students and teachers preparing for CAE. Can the Macmillan Ready for CAE Coursebook with Key help improve my exam score significantly? Yes, with consistent practice and thorough use of the exercises and answer keys, it can greatly enhance your language skills and

boost your confidence for the CAE exam.

Related keywords: Macmillan, CAE, Cambridge Advanced English, coursebook, exam preparation, key, English proficiency, test practice, learning materials, language skills

Be With

be with is a phrase that resonates deeply across different aspects of life?whether in relationships, personal growth, or day-to-day interactions. It encapsulates the idea of presence, companionship, and emotional connection. Understanding the multifaceted meaning of "be with" can help individuals foster stronger relationships, improve their mental well-being, and cultivate a more mindful approach to life. In this comprehensive guide, we will explore the various dimensions of "be with," including its significance in relationships, its role in self-awareness, and practical ways to embody this concept in everyday life.

Understanding the Meaning of "Be With"

The phrase "be with" is versatile and context-dependent. At its core, it signifies being present, sharing experiences, and forming bonds with others or oneself. It can imply:

- Emotional connection: Being emotionally available and attentive.
- Physical presence: Spending time together in person.
- Mindfulness: Being fully present in the moment.
- Supportiveness: Offering companionship during difficult times.
- Acceptance: Embracing oneself or others without judgment.

Recognizing these facets helps to appreciate the depth and importance of "be with" in fostering meaningful relationships.

The Significance of "Be With" in Relationships

Relationships are the foundation of human experience, and "being with" someone is central to creating trust, intimacy, and mutual understanding. Whether romantic, familial, or friendship-based, the act of simply being with another person can have profound effects.

Emotional Presence and Connection

Being with someone emotionally involves more than just physical proximity. It requires active listening, empathy, and genuine interest. When you "be with" someone emotionally, you:

- Validate their feelings.
- Offer a safe space for expression.
- Demonstrate understanding and compassion.

This emotional presence strengthens bonds and fosters a sense of security.

Physical Presence and Quality Time

Spending quality time together is essential in nurturing relationships. Being with someone physically can involve:

- Sharing meals.
- Going for walks.
- Engaging in shared hobbies.
- Simply sitting in silence, appreciating each other's company.

These moments create memories and deepen connections.

The Role of "Be With" in Building Trust

Trust develops when individuals feel genuinely "with" each other. Consistency, attentiveness, and authenticity are key. When you show up for someone consistently and are present in their life, you cultivate a foundation of trust and reliability.

Practicing "Be With" in Your Daily Life

Integrating the concept of "be with" into daily routines can enhance your relationships and personal well-being. Here are practical ways to embody this idea:

Mindfulness and Presence

- Practice mindfulness meditation to increase your awareness of the present moment.
- During conversations, focus fully on the speaker without distractions.
- Limit multitasking when spending time with others.

Active Listening

- Listen attentively without planning your response.
- Nod or provide affirmations to show engagement.
- Reflect back what you've heard to ensure understanding.

Offering Support and Compassion

- Be available during others? challenging times.
- Show empathy through words and actions.
- Avoid judgment or unsolicited advice; sometimes, just being there is enough.

Self-Reflection and Self-Compassion

- Be with yourself by practicing self-awareness.
- Acknowledge your feelings without suppression.
- Engage in self-care routines that nourish your mind and body.

The Spiritual and Philosophical Aspects of "Be With"

Beyond relationships, "be with" also has spiritual and philosophical connotations. It emphasizes unity, presence, and acceptance of the flow of life.

Being Present in the Moment

Practicing presence aligns with mindfulness philosophies. It encourages individuals to:

- Let go of past regrets and future anxieties.
- Embrace the current experience fully.
- Cultivate gratitude for the present.

Acceptance and Non-Judgment

"Be with" entails accepting situations and people as they are, fostering a sense of peace and understanding.

Unity and Connection

Recognizing that we are interconnected encourages compassion and empathy, emphasizing that "being with" others is part of the human experience.

Common Challenges in Practicing "Be With"

While the concept is simple in theory, it can be challenging to embody consistently. Common obstacles include:

- Distractions and digital interruptions.
- Emotional barriers like fear, mistrust, or past hurt.
- Time constraints and busy schedules.
- Personal insecurities or self-doubt.

Overcoming these challenges requires intentional effort and practice.

Tips to Enhance Your Ability to "Be With" Others and Yourself

- Set boundaries to ensure quality interactions.
- Practice active mindfulness in daily activities.
- Engage in reflective journaling to understand your feelings.
- Prioritize quality over quantity in relationships.
- Learn to listen without judgment and offer genuine support.

Conclusion: Embracing the Power of "Be With"

"Be with" is more than just a phrase; it embodies a philosophy of presence, connection, and acceptance. Whether in nurturing intimate relationships, supporting friends and family, or fostering a healthier relationship with oneself, embodying "be with" can lead to more meaningful, fulfilling experiences. By cultivating mindfulness, compassion, and genuine engagement, you can enrich your life and the lives of those around you. Remember, at its heart, "be with" reminds us that true connection begins with being fully present?an act that has the power to transform relationships and inner peace alike.

Be With: An In-Depth Exploration of Connection, Presence, and Meaning

In an era defined by rapid technological change, social upheaval, and shifting cultural norms, the concept of "be with" has taken on profound significance. Far beyond its simple grammatical structure, "be with" encompasses themes of companionship, mindfulness, emotional intimacy, and existential presence. This long-form exploration aims to dissect the multifaceted nature of "be with",

examining its psychological, philosophical, and cultural dimensions, and offering insights into how this phrase influences human experience.

Understanding the Phrase "Be With": Definitions and Variations

At its core, "be with" is a versatile phrase whose meaning shifts depending on context. It can denote:

- Presence and companionship: Being physically or emotionally alongside someone.
- Acceptance and mindfulness: Embracing the present moment or one's current state.
- Relationship commitment: The act of being in a romantic, familial, or platonic partnership.
- Alignment and harmony: Living in accordance with one's values or the natural flow of life.

These variations reveal that "be with" is less about a static state and more about a dynamic process of engagement, connection, and authentic existence.

The Psychological Dimension of "Be With"

Presence and Mindfulness

One of the most profound interpretations of "be with" is rooted in mindfulness practices. To be with oneself or others in the present moment fosters emotional resilience, reduces stress, and enhances well-being. Mindfulness-based therapies encourage individuals to be with their thoughts, feelings, and sensations without judgment, cultivating a sense of inner peace.

Key aspects include:

- Acceptance: Allowing emotions to be present without suppression or avoidance.
- Non-attachment: Recognizing transient thoughts and feelings without clinging.
- Compassion: Extending kindness inwardly and outwardly.

Research indicates that practicing "being with" one's emotions can improve mental health, bolster emotional intelligence, and deepen interpersonal relationships.

Attachment and Connection in Relationships

In romantic and platonic contexts, "be with" signifies emotional availability and genuine connection. Healthy relationships often hinge on the ability to be with another person authentically?listening, empathizing, and sharing vulnerabilities.

Studies in attachment theory reveal that individuals who are comfortable being with their partner's emotions tend to report higher relationship satisfaction. Conversely, avoidance of being with difficult feelings or conflicts can erode intimacy.

Common themes include:

- Empathy: Truly listening and understanding the other.
- Presence: Giving undivided attention.
- Mutual vulnerability: Sharing fears, hopes, and insecurities.

Philosophical and Cultural Perspectives on "Be With"

Existential Philosophy and the Art of "Being"

Existential philosophers like Jean-Paul Sartre and Martin Heidegger emphasize the importance of authentic existence?being with oneself and the world in a genuine manner. Heidegger's concept of Dasein ("being there") underscores the necessity of authentic presence and awareness.

In this context, "be with" involves:

- Living intentionally.
- Facing mortality and the transient nature of life.
- Cultivating a sense of connectedness with existence itself.

This philosophical outlook encourages individuals to be with their authentic selves, embracing both their limitations and potentials.

Cross-Cultural Interpretations

Different cultures have unique perspectives on "be with":

- Japanese: The concept of "wa" emphasizes harmony and being with others in a way that fosters social cohesion.
- African: The idea of Ubuntu ? "I am because we are" ? highlights communal existence and interconnectedness.
- Indigenous Cultures: Often stress living in harmony with nature and the community, embodying the essence of being with the environment and others.

These cultural paradigms show that "be with" is integral to collective identity and societal functioning.

The Role of "Be With" in Modern Society

Digital Age and the Challenge of Connection

In a world saturated with social media, the act of being with has transformed dramatically. Virtual interactions can create a paradoxical sense of loneliness amid connectivity. The superficiality of online engagements can hinder genuine presence and authentic connection.

Challenges include:

- Superficial interactions: Likes and comments replacing meaningful conversations.
- Distraction: Constant notifications preventing mindfulness.
- Emotional disconnection: An inability to be with difficult feelings or conflicts.

However, the digital realm also offers opportunities for deeper being with others through virtual support groups, mindfulness apps, and online communities that encourage authentic sharing.

Therapeutic and Wellness Practices Centered on "Being With"

Contemporary therapeutic approaches increasingly emphasize "being with" as a foundational principle:

- Mindfulness-Based Stress Reduction (MBSR): Encourages participants to be with their sensations and thoughts.
- Compassion-Focused Therapy: Teaches clients to be with their emotional vulnerabilities.
- Somatic therapies: Focus on bodily awareness, fostering a sense of being with one's physical experience.

These practices aim to cultivate acceptance, resilience, and emotional depth.

Practical Applications and Exercises to Cultivate "Be With"

To integrate "be with" into daily life, consider the following exercises:

- Mindful Breathing

Focus on your breath for five minutes, observing sensations without judgment.

- Emotion Journaling

Write down feelings as they arise, allowing yourself to be with each emotion fully.

- Active Listening

When engaging with others, practice silent presence, resisting the urge to interrupt or judge.

- Nature Immersion

Spend time outdoors, consciously observing your surroundings to be with the natural world.

- Body Scan Meditation

Systematically bring awareness to different parts of your body, fostering physical and emotional presence.

Consistent practice of these exercises can deepen your capacity to be with yourself and others authentically.

Critiques and Limitations of "Be With"

While "be with" offers numerous benefits, it is not without challenges:

- Emotional Overwhelm: Fully being with difficult feelings can be distressing without adequate support.
- Cultural Variability: Not all cultures prioritize or interpret "be with" similarly, influencing its applicability.
- Misinterpretation: Overemphasis on being with can lead to avoidance of necessary action or change.

Balancing being with and proactive engagement is essential for healthy functioning.

Conclusion: Embracing the Power of "Be With"

The phrase "be with" encapsulates a profound approach to life?one rooted in presence, connection, acceptance, and authenticity. Whether viewed through psychological, philosophical, or cultural lenses, "be with" invites us to slow down, embrace the moment, and cultivate genuine relationships with ourselves, others, and the world.

In a society often driven by speed and superficiality, mastering the art of "being with" can serve as a pathway to deeper fulfillment, resilience, and meaningful existence. It challenges us to confront our inner landscapes and external realities with honesty and compassion, ultimately fostering a richer, more connected human experience.

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In embracing "be with", we open ourselves to a richer, more authentic existence?one that celebrates presence over perfection, connection over distraction, and being over doing.

QuestionAnswer What does it mean to be with someone in a relationship? Being with someone in a relationship typically means sharing a committed, mutual connection, often involving emotional intimacy, support, and companionship. How can I be with someone who lives far away? To be with someone long-distance, focus on regular communication, trust, setting shared goals, and planning visits to maintain your bond despite the physical distance. What are some ways to be with yourself and practice self-love? Being with yourself involves self-reflection, engaging in activities you enjoy, practicing mindfulness, and prioritizing your well-being to foster self-love and acceptance. How does being with family influence our mental health? Being with family provides emotional support, a sense of belonging, and stability, which can positively impact mental health, though unhealthy dynamics may have adverse effects. What does it mean to be with someone in a supportive way? Being with someone supportively involves listening, understanding their feelings, offering help when needed, and being present during both good and challenging times. How can I be with my friends more meaningfully? To be with friends meaningfully, prioritize quality time, active listening, sharing experiences, and showing genuine care and interest in their lives. What are some signs that someone truly wants to be with you? Signs include consistent communication, making time for you, showing interest in your life, supporting you, and demonstrating trust and respect in the relationship.

Related keywords: companionship, presence, together, accompany, stay, unite, connect, associate, link, join

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