

# Draw like an artist 100 faces and figures step by Study Guide

## Draw Like an Artist: 100 Faces and Figures Step by Step

**Draw like an artist 100 faces and figures step by step** is an inspiring journey into mastering the fundamentals of human anatomy, facial features, and dynamic poses. Whether you're a beginner looking to build confidence or an experienced artist refining your skills, practicing drawing faces and figures systematically helps develop an eye for proportions, expressions, and movement. This comprehensive guide will walk you through structured approaches, essential techniques, and practice strategies to improve your figure drawing skills with a focus on faces and human forms. Embarking on this journey will not only enhance your technical proficiency but also cultivate your artistic intuition and creativity.

## Understanding the Foundations of Drawing Faces and Figures

### The Importance of Anatomy and Proportions

Before delving into drawing, it's crucial to understand the underlying anatomy and proportions of the human body and face. These fundamentals serve as the blueprint for creating realistic and expressive figures.

- **Facial proportions:** The face is generally divided into equal sections, with the eyes positioned roughly at the halfway point between the top of the head and the chin.
- **Head shape:** The skull's structure guides the placement of features and expressions.
- **Body proportions:** Standard proportions include the head height as a unit of measurement, typically 7-8 heads tall for an average adult.
- **Muscle and bone landmarks:** Recognizing key points aids in capturing realistic poses and movements.

### Gathering Essential Tools and Materials

Having the right tools simplifies the drawing process and helps you focus on developing your skills.

- Graphite pencils of varying hardness (HB, 2B, 4B, 6B)
- Charcoal or Conte crayons for darker shading

- Sketchbooks or loose sheets of paper
- Rulers, compasses, and measuring tools
- References: photographs, life models, or 3D mannequins

## Step-by-Step Approach to Drawing 100 Faces and Figures

### 1. Start with Basic Shapes and Guidelines

Breaking down complex faces and figures into simple shapes lays the foundation for accurate rendering.

- **Draw an oval or circle:** Represents the head.
- **Divide the face:** Use vertical and horizontal guidelines to locate features.
- **Sketch the basic body shape:** Use cylinders, boxes, and ovals to outline limbs, torso, and pelvis.

### 2. Focus on Facial Features

Mastering facial features individually enables more convincing and expressive portraits.

- **Eyes:** Located roughly halfway down the head, spaced about one eye apart.
- **Nose:** Positioned between the eyes and mouth, with the width aligning with the inner corners of the eyes.
- **Mouth:** Placed about one-third below the nose to chin distance.
- **Ears:** Align with the eyebrows and bottom of the nose.
- **Eyebrows, hairline, and hair:** Add personality and expression.

### 3. Practice Different Angles and Expressions

Drawing faces from multiple perspectives enhances your understanding of facial structure and improves your versatility.

- Front view
- Profile view
- Three-quarter view
- Expressive faces: happy, sad, angry, surprised

### 4. Drawing Dynamic Figures and Poses

Moving beyond static poses helps you capture realism and energy in your artwork.

- Use gesture drawing to quickly capture the essence of a pose.
- Break down the figure into simple lines indicating the spine, limbs, and pelvis.
- Refine the anatomy and add details gradually.

## 5. Incremental Detailing and Shading

Build depth and volume through shading techniques, emphasizing light and shadow.

- Start with light strokes to establish values.
- Use cross-hatching or smooth shading for realistic textures.
- Focus on core shadows, cast shadows, and highlights.

## Practice Strategies to Reach 100 Faces and Figures

### Daily Sketching Routine

Consistency is key. Dedicate time each day to drawing faces and figures, aiming for at least one per day to build muscle memory and confidence.

- Set a timer for 15-30 minutes per sketch.
- Use references or practice from imagination.
- Vary your focus: some days practice only facial features, other days full figures.

### Use of References and Life Drawing

References provide essential visual cues and variation.

- Photographs from magazines, online resources, or art books.
- Life models in classes or from life drawing meetups.
- 3D models or mannequins for understanding volume.

### Creating a Progression Chart

Track your progress by compiling your drawings in a portfolio or sketchbook. Review periodically to identify areas of improvement and celebrate milestones.

## Participate in Challenges and Projects

Engage with art communities or social media challenges such as "100 Faces Challenge" or "30-Day Figure Drawing." These motivate consistent practice and expose you to diverse styles and techniques.

## Advanced Tips for Improving Your Drawings

### Study from Master Artists

Analyze works by renowned portrait and figure artists to understand their approach to anatomy, composition, and expression.

### Experiment with Different Styles and Mediums

Trying various artistic styles?from realism to stylized caricatures?broadens your skill set and artistic voice.

### Focus on Expression and Personality

Convey emotions through facial expressions and body language to make your figures more lively and engaging.

### Develop Your Workflow

Create a consistent process for sketching, refining, shading, and finishing your drawings to improve efficiency and quality.

## Conclusion: Embrace the Journey of Artistic Growth

Drawing 100 faces and figures step by step is more than a goal; it's an ongoing journey of learning, practice, and self-expression. By understanding anatomy, practicing systematically, and exploring different techniques and styles, you'll develop the confidence and skill to create compelling portraits and dynamic figures. Remember, every sketch is a step toward mastery. Keep practicing, stay curious, and enjoy the process of becoming a better artist.

### Draw Like an Artist: 100 Faces and Figures Step-by-Step

In the realm of art, mastering the human face and figure is often regarded as a fundamental yet challenging pursuit for aspiring artists. **Draw like an artist 100 faces and figures step by step** emerges as an invaluable guide, offering a structured, comprehensive approach to developing

drawing skills through repetitive practice and detailed instruction. Whether you're a beginner seeking to understand basic anatomy or an intermediate artist aiming to refine your techniques, this method emphasizes consistency, observation, and incremental learning. This article delves into the core principles behind such a practice, explores effective strategies for drawing faces and figures, and discusses how this systematic approach can elevate your artistic abilities over time.

## The Importance of Drawing Faces and Figures

Drawing faces and figures is often considered the cornerstone of representational art. These skills serve as the foundation for portraits, character design, comic art, and realistic figure drawing. Understanding human anatomy, proportion, and expression enables artists to create compelling, lifelike images that resonate emotionally with viewers.

### Why Focus on 100 Faces and Figures?

- Repetition Builds Skill: Drawing the same subject multiple times enhances muscle memory, making anatomical details and proportions more intuitive.
- Observation Skills Improve: Repeated practice sharpens your ability to notice subtle differences in facial features and body postures.
- Confidence Grows: Consistent practice reduces hesitation, enabling more spontaneous and expressive sketches.
- Progress Tracking: Completing a series of 100 drawings provides tangible evidence of improvement over time.

## Foundational Principles of Drawing Faces and Figures

Before embarking on a project of 100 drawings, understanding foundational principles ensures that each sketch builds upon solid technical knowledge. These include understanding anatomy, proportions, gesture, and construction.

### 1. Anatomy and Proportions

Accurate depiction of faces and figures hinges on grasping human anatomy. Artists should familiarize themselves with skeletal structure, muscle groups, and how these influence surface forms.

- Facial Anatomy: Study skull structure, eye placement, nasal bones, mouth, and jawline.
- Body Proportions: Understand standard ratios, such as the head-to-body ratio (~7-8 heads tall for an adult), limb lengths, and joint placements.

- Variations: Recognize diversity in features, age, gender, and body types to add realism and expressiveness.

## 2. Gesture and Dynamic Posing

Capturing the essence of a figure's movement or attitude is vital.

- Gesture Drawing: Focus on quick, fluid lines to depict action and energy.
- Line of Action: Establish a central line that conveys the overall movement.
- Simplification: Break complex poses into basic shapes and flow lines before adding details.

## 3. Construction and Simplification

Constructing faces and figures from simple shapes facilitates accurate proportions.

- Basic Shapes: Use spheres, cylinders, and boxes as foundational forms.
- Guidelines: Draw central axes, planes, and proportional markers.
- Layering: Build from rough sketches to detailed features gradually.

## Step-by-Step Approach to Drawing 100 Faces and Figures

The core of this method is consistency and systematic progression. Here's an overview of a practical step-by-step plan:

### Step 1: Set Clear Goals and Schedule

- Decide on daily or weekly targets (e.g., 2 faces and 1 figure per day).
- Allocate dedicated practice time.
- Keep a sketchbook or digital folder to track progress.

### Step 2: Gather Reference Material

- Use photos, life models, or 3D models.
- Explore diverse facial features, expressions, and poses to broaden your observational skills.

### Step 3: Warm-Up and Warm-Down Exercises

- Begin each session with quick gesture sketches.
- End with a detailed study or reflection on what was learned.

## Step 4: Focus on Specific Aspects per Session

- One day: facial features and expressions.
- Next: head angles and perspectives.
- Then: full-body figures in various poses.

## Step 5: Break Down Each Drawing into Phases

- Phase 1: Sketch basic shapes and construction lines.
- Phase 2: Define facial features or body parts.
- Phase 3: Add details, shading, and texture.
- Phase 4: Evaluate proportions and make corrections.

## Step 6: Reflect and Analyze

- Review each drawing critically.
- Identify strengths and areas for improvement.
- Adjust techniques accordingly.

## Techniques and Tips for Effective Practice

Practicing 100 faces and figures isn't just about quantity?quality and intentionality matter.

- Use Loose Sketches to Capture Essence
- Prioritize capturing proportions and gesture over perfection.
- Embrace imperfections as learning opportunities.
- Experiment with Different Styles
- Realistic, caricature, stylized?diversity enhances adaptability.

- Learn from Master Artists
  - Study works of portrait artists, figure illustrators, and anatomy textbooks.
  - Replicate their techniques to understand underlying methods.
- Incorporate Different Media
  - Pencil, charcoal, ink, digital tools?each offers unique benefits.
- Keep Notes and Annotations
  - Record observations about anatomy, proportions, and techniques.
  - Note what works and what doesn't for future reference.

## The Role of Critique and Feedback

Progression in drawing faces and figures is significantly accelerated through critique.

- Self-Critique: Regularly review your work with objective eyes.
- Peer Feedback: Share sketches with other artists or communities.
- Mentor Guidance: Seek constructive criticism from experienced artists.
- Iterative Learning: Apply feedback to subsequent drawings, fostering continuous improvement.

## The Benefits of Completing 100 Drawings

Completing a series of 100 faces and figures yields numerous benefits:

- Enhanced Observation Skills: Recognizing subtle differences and nuances.
- Improved Technical Skills: Better control over line quality, shading, and anatomy.
- Greater Confidence: Comfort with various poses, angles, and expressions.
- Development of Personal Style: Through experimentation and practice.
- Portfolio Building: A substantial collection showcasing growth.

## Case Studies and Success Stories



Many artists credit disciplined practice of repetitive drawing as pivotal to their mastery.

- Andrew Loomis: Advocated for systematic studies of facial features and figures.
- Loish: Emphasizes daily sketches to refine style and anatomy.
- Pro Artists: Often maintain daily drawing routines focusing on faces and figures for years.

These examples underscore that dedication to drawing 100 faces and figures can transform an amateur into a proficient artist.

## Conclusion: Embarking on Your Drawing Journey

The journey to draw like an artist through 100 faces and figures is both challenging and rewarding. It demands patience, dedication, and a willingness to learn from mistakes. By adhering to structured steps, focusing on foundational principles, and embracing consistent practice, aspiring artists can significantly elevate their skills. Remember, mastery isn't achieved overnight; it is forged through perseverance and passion. So, set your goals, gather your materials, and start drawing?each face and figure brings you closer to becoming the artist you aspire to be.

In summary, the practice of drawing 100 faces and figures step by step is a proven method for developing technical skill, observational acuity, and artistic confidence. It transforms abstract anatomy into familiar visual language, empowering artists to create compelling, realistic, and expressive representations of the human form. Whether for professional illustration, portraiture, or personal growth, this disciplined approach embodies the essence of artistic mastery.

**QuestionAnswer** What is the main focus of 'Draw Like an Artist 100 Faces and Figures Step By Step'? The book focuses on teaching artists how to draw realistic faces and figures through clear, step-by-step instructions to improve their skills. What skill levels is this drawing guide suitable for? It is suitable for beginners, intermediate, and advanced artists looking to enhance their ability to draw faces and figures accurately. Does the book include tutorials on different facial expressions and body poses? Yes, it covers a variety of facial expressions and body poses to help artists capture emotion and movement in their drawings. Are there any digital resources or videos accompanying 'Draw Like an Artist 100 Faces and Figures'? Some editions provide access to online videos and tutorials to supplement the step-by-step instructions for better learning. How does the book help artists improve their proportions and anatomy skills? The book breaks down complex anatomy into simple steps, guiding artists through proportions and skeletal structures for more accurate drawings. Can this book be used for practicing quick sketches or is it more detailed? It offers both detailed step-by-step tutorials and tips for quick sketching, making it versatile for different practice styles. What makes 'Draw Like an Artist 100 Faces and Figures' stand out among other drawing books? Its comprehensive collection of 100 step-by-step tutorials, focus on realistic representation, and user-friendly approach make it a popular choice for artists aiming to refine their skills.

**Related keywords:** drawing faces, figure drawing, sketching techniques, portrait art, anatomy for artists, gesture drawing, portrait tutorials, figure sketching, artistic drawing tips, face and figure practice

## people like us english edition

**People like us english edition** has become a popular phrase in contemporary culture, resonating with audiences worldwide who seek stories, shows, and narratives that reflect their own experiences, values, and identities. This phrase often encapsulates themes of belonging, community, and shared understanding, making it a powerful title or concept for books, TV series, movies, and social movements. In this article, we explore the significance of 'people like us english edition,' its origins, cultural impact, and why it continues to resonate with diverse audiences across the globe.

## Understanding the Concept of 'People Like Us' in English Culture

### The Origin of the Phrase

The phrase 'people like us' has roots in colloquial English, often used to refer to individuals who share similar backgrounds, values, or experiences. Its usage can be traced back to social conversations emphasizing commonality and solidarity, especially among marginalized or underrepresented groups. Over time, the phrase gained popularity through media, literature, and political discourse, becoming a way to foster a sense of community.

### Its Cultural Significance

In modern contexts, 'people like us' embodies the desire for inclusion and understanding. It promotes the idea that shared experiences can bridge gaps in race, class, gender, or sexuality. The phrase also hints at a collective identity that challenges societal divisions, fostering empathy and mutual support.

## The Impact of 'People Like Us' in Media and Entertainment

### TV Series and Films

One of the most notable representations of 'people like us' in media is the 2016 American drama film titled *'People Like Us'*, starring Chris Pine and Elizabeth Banks. The story revolves around a

man reconnecting with his estranged family after his father's death, exploring themes of family secrets, reconciliation, and understanding.

In television, shows that focus on everyday life, struggles, and triumphs of ordinary people often carry the spirit of "people like us." Examples include:

- **Brooklyn Nine-Nine**: Celebrates diverse, relatable characters working in law enforcement, emphasizing community and friendship.
- **Shameless**: Chronicles the chaotic but heartfelt lives of a working-class family navigating economic hardships.

## Literature and Books

Books that focus on authentic, relatable stories often appeal to "people like us" audiences. These narratives foster empathy and understanding by depicting everyday struggles and joys. Examples include:

- *The Glass Castle* by Jeannette Walls: An autobiographical tale of resilience and family bonds.
- *Little Fires Everywhere* by Celeste Ng: Explores complex social dynamics and personal identities in a suburban community.

## Music and Cultural Movements

Music genres like folk, indie, and country have historically embodied the "people like us" ethos, emphasizing storytelling and authenticity. Artists such as Bob Dylan, Bruce Springsteen, and modern singer-songwriters create music that resonates with everyday experiences.

Cultural movements advocating for social justice, equality, and community empowerment also draw strength from this concept. They emphasize that collective voices of ordinary people can lead to meaningful change.

## The Significance of "People Like Us" in the Modern Era

### Fostering Inclusivity and Representation

In an increasingly globalized world, the phrase "people like us" encourages inclusivity by highlighting shared human experiences beyond superficial differences. Media and entertainment that embrace this perspective promote diverse representation, helping marginalized groups see themselves reflected on screen and in literature.

## Building Community and Connection

Whether through social media, local initiatives, or global movements, the idea of "people like us" underscores the importance of community. It reminds us that our struggles, hopes, and dreams are often universal, fostering connections across different backgrounds.

## Addressing Social and Economic Inequities

The phrase also has political implications, often used to rally support for policies aimed at reducing inequality. It emphasizes that societal progress depends on recognizing the common humanity of all people, especially those who are underserved or oppressed.

## Why "People Like Us" Continues to Resonate in English Edition

### Authenticity and Relatability

In a media landscape saturated with polished, often unattainable images, stories that reflect "people like us" stand out because of their authenticity. Audiences crave genuine narratives that mirror their own lives, creating a sense of comfort and validation.

### Universal Themes

Themes such as love, hardship, hope, and resilience are central to "people like us" stories. Their universality makes them accessible and meaningful across different cultures and societies.

### Empowerment and Identity

The phrase empowers individuals by affirming their experiences and identities. It encourages people to embrace their uniqueness while recognizing their place within a broader community.

## How to Incorporate "People Like Us" in Your Content Strategy for SEO

### Keyword Optimization

To leverage the popularity of "people like us english edition," consider integrating relevant keywords into your content:

- People like us
- Relatable stories

- Inclusive media
- Authentic storytelling
- Community narratives

## Content Ideas

Develop content that appeals to audiences seeking relatable and authentic stories:

- Profiles of everyday heroes and community members
- Stories of overcoming adversity
- Interviews with creators producing 'people like us' content
- Guides on creating inclusive narratives in media

## Engagement Strategies

Encourage audience participation through:

- Sharing personal stories on social media
- Creating community forums or groups
- Hosting webinars or podcasts featuring relatable topics

## Conclusion

'People like us' English edition encapsulates a universal desire for connection, understanding, and representation. From media and literature to social movements, this concept emphasizes that shared experiences foster empathy and community. As society continues to evolve, embracing the 'people like us' ethos can help bridge divides, promote inclusivity, and celebrate the richness of everyday human stories. For content creators, marketers, and communities alike, understanding and leveraging this phrase's power can lead to more authentic engagement and meaningful connections with audiences worldwide.

People Like Us English Edition: Exploring the Cultural and Linguistic Significance of a Global Phrase

### Introduction

*People like us English edition* has emerged as a phrase that resonates across cultures, social groups, and media landscapes. It encapsulates themes of identity, belonging, and shared experiences, often serving as a rallying cry for communities seeking recognition and connection. In this article, we delve into the origins, cultural implications, and modern usage of this captivating

phrase, examining how it has evolved from colloquial expressions to a symbol of collective identity in a globalized world.

## The Origins of "People Like Us"

### Historical Roots and Early Usage

The phrase "people like us" is not a recent innovation. Its roots can be traced back to various contexts where groups sought to distinguish themselves from others. Historically, such expressions appeared in social movements, political rhetoric, and literature to emphasize shared traits or experiences.

- Literary Origins: The phrase appeared in early 20th-century literature, often used to evoke solidarity among characters or communities facing common struggles.
- Political Contexts: During social upheavals, leaders would invoke "people like us" to foster unity among marginalized or oppressed groups.
- Everyday Speech: Over time, it seeped into colloquial language, becoming a familiar way for individuals to express camaraderie with similar backgrounds or lifestyles.

### Evolution into Popular Culture

With the rise of mass media, "people like us" gained popularity as a relatable, inclusive phrase. Films, music, and television shows began to adopt the terminology, often to create a sense of authenticity or to rally audiences around shared values.

## "People Like Us" in Modern Media and Society

### The Phrase in Film and Television

One of the most prominent instances of "people like us" in popular culture is the 2012 film titled "People Like Us," directed by Alex Kurtzman. The film explores themes of family secrets, identity, and reconciliation, with the title emphasizing the universal experiences of its characters.

- Themes Explored:
  - Family bonds and secrets
  - Personal identity and self-discovery
  - Social class and economic disparities

Beyond the film, television series and documentaries frequently utilize the phrase to highlight

marginalized communities or to promote messages of inclusivity.

### Music and Lyrics

Musicians have also harnessed "people like us" to foster connection and convey shared struggles:

- Song Titles and Lyrics: Several songs include the phrase to express unity among listeners or fans, emphasizing that they are not alone in their experiences.
- Genres: From pop to indie and hip-hop, "people like us" resonates across musical genres as a symbol of collective resilience.

### Social Media and Internet Culture

In the digital age, "people like us" has become a hashtag and meme to rally online communities. Platforms like Twitter, TikTok, and Reddit see users sharing stories, memes, and posts under banners like PeopleLikeUs to foster solidarity.

- Online Communities: Support groups, hobbyist networks, and advocacy pages often use the phrase to underscore commonalities.
- Memetic Usage: Variants and memes have emerged, such as "people like us do things like this," humorously highlighting shared behaviors or attitudes.

### Cultural and Sociological Significance

#### Identity and Belonging

At its core, "people like us" encapsulates the human desire for connection. It fosters a sense of belonging, providing comfort in the acknowledgment of shared traits, experiences, or values.

- In-group vs. Out-group Dynamics: The phrase often delineates boundaries, affirming who is part of the community versus outsiders.
- Bridging Divides: Conversely, it can be used to bridge gaps, emphasizing commonalities across diverse backgrounds.

### The Role in Social Movements

Many social movements leverage the phrase to build solidarity:

- LGBTQ+ Communities: "People like us" is used to affirm identity and challenge societal norms.
- Economic Class Movements: Workers and marginalized groups adopt the phrase to unite against systemic inequalities.
- Cultural Revivals: Minority groups utilize it to preserve language, traditions, and identity.

### Commercial and Marketing Uses

Brands and marketing campaigns have adopted "people like us" to appeal to target demographics, emphasizing authenticity and relatability.

- Authentic Branding: Using the phrase to show alignment with everyday consumers.
- Inclusive Campaigns: Demonstrating diversity and shared values to foster brand loyalty.

### The Digital Age and Globalization

#### The Phrase in a Global Context

While "people like us" originated in specific cultural milieus, globalization has transformed its reach. The phrase now appears in multiple languages and contexts, fostering cross-cultural understanding.

- Localization and Translation: The phrase has equivalents in many languages, often retaining its core message of shared identity.
- Global Movements: International campaigns use the phrase to emphasize unity across borders, such as climate change activism or human rights advocacy.

### Challenges and Criticisms

Despite its positive connotations, "people like us" can sometimes reinforce exclusivity or stereotypes.

- Potential for Elitism: The phrase may inadvertently create in-groups that exclude others.
- Cultural Appropriation: Misuse by outsiders can dilute its significance or offend communities it aims to unite.

### The Future of "People Like Us"

#### Trends and Predictions



As society continues to evolve, so will the usage of "people like us."

- Increased Emphasis on Intersectionality: Future iterations may focus on overlapping identities?race, gender, class, and more.
- Digital Activism: Online movements will likely sustain and transform the phrase into new formats and platforms.
- Commercialization: Expect continued branding uses, balanced with efforts to promote genuine inclusivity.

### The Power of Shared Identity in a Fragmented World

In an era marked by polarization and division, "people like us" serves as a rallying cry for empathy and connection. Whether in social movements, entertainment, or digital communities, the phrase underscores the universal human need to find kinship in shared experiences.

### Conclusion

*People like us english edition* exemplifies the enduring human pursuit of connection and belonging. From its historical roots in literature and social movements to its contemporary prominence in media, music, and online communities, the phrase encapsulates a universal message: that despite our differences, there are common threads that unite us all. As society navigates the complexities of identity, diversity, and globalization, "people like us" remains a powerful reminder of our shared humanity and the importance of community in shaping our collective future.

QuestionAnswer What is the main theme of 'People Like Us' English edition? 'People Like Us' explores themes of identity, community, and the human connections that bind us despite differences. Who are the authors of 'People Like Us' English edition? The book is written by a diverse group of authors, each sharing personal stories that highlight commonalities across different backgrounds. Is 'People Like Us' suitable for all age groups? The book is primarily aimed at young adults and adults, offering mature themes and reflections on social issues. Where can I purchase the English edition of 'People Like Us'? You can find 'People Like Us' English edition on major online retailers like Amazon, Barnes & Noble, and in select bookstores worldwide. Has 'People Like Us' received any awards or recognitions? Yes, the book has been recognized for its impactful storytelling and was awarded the [relevant award], highlighting its significance in contemporary literature. Are there any adaptations of 'People Like Us' available? As of now, there are no official film or television adaptations, but the book has inspired several community discussions and reading groups. What age group is 'People Like Us' most relevant for? The book is particularly relevant for teenagers and young adults who are exploring themes of social identity and acceptance. How does 'People Like Us' contribute to conversations about diversity? 'People Like Us' provides personal narratives that foster empathy and understanding, making it a valuable resource in promoting

diversity and inclusion.

**Related keywords:** people like us, english edition, novel, romance, contemporary fiction, LGBTQ, coming of age, friendship, family, identity

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